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FOR IMMEDIATE RELEASE

**Local Dentist, Dr. Bryan P. Nelson, Earns
Craniofacial Dental Sleep Medicine Certification**

Arvada, CO and Reston, VA – September 22, 2014 – Local dentist, Bryan P. Nelson, DDS, MS, has successfully completed all of the requirements for Diplomate status as set forth by the American Board of Craniofacial Dental Sleep Medicine (ABCDSM). Recognizing Dr. Nelson's achievement, ABCDSM President, Robert L. Talley, DDS, explained:

“The ABCDSM is committed to assisting the public by certifying dentists who successfully demonstrate their knowledge of sleep-disordered breathing, which includes but is not limited to understanding the temporomandibular joint (TMJ) and associated oral structures, and dental occlusion. Earning board-certification in Craniofacial Dental Sleep Medicine is an important professional achievement that signifies to patients plus dental, medical and other health professionals that the dentist has met the high standards of care set forth by the ABCDSM.”

According to the National Institutes of Health, 50-70 million Americans suffer from chronic sleep disorders. However, as many as 80% of patients who suffer from sleep disorders are believed to be undiagnosed. This puts them at significantly increased risk of heart attack, stroke, diabetes plus workplace accidents and injuries.

The Craniofacial Dental Sleep Medicine certification program was created by the ABCDSM in recognition of the fact that dentists are vitally important members of the sleep-disordered breathing patient care team. It is also consistent with scientific literature, which is increasingly documenting the co-existence of sleep-disordered breathing and TMJ disorders.

Dr. Nelson, who practices at 8723 Wadsworth Boulevard, Suite B, Arvada, CO, is among the first dentists in the country to be certified in Craniofacial Dental Sleep Medicine by the ABCDSM.

Established in 2013 and headquartered in Reston, VA, the ABCDSM is an independent, nonprofit whose purpose is to conduct certification examinations in the field of Craniofacial Dental Sleep Medicine. The ABCDSM adheres to the American Dental Association *Principles of Ethics and Code of Professional Conduct*, and advises all Diplomates to follow this code and their state or local regulatory agency requirements, when advertising their status.

For more information about the ABCDSM, please contact our Executive Office at 800.322.8651.

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